



755 N. Shepard St. Anaheim 92806
(714) 632-2822

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 AM	Reformer 1-2		Reformer 1-2		Reformer 1-2	
8 AM						Cycling
9 AM		Reformer 1		Reformer 1		Mat
9:30 AM	Cycle & Ref		Cycle & Ref		Cycle & Ref	
10 AM						Reformer
5:30 PM	Reformer 1		Reformer 1			
7 PM		Reformer 1-2		Reformer 1-2		

- All classes are to be reserved and paid for in advance in order to hold your spot.
- All classes are conducted in a series of 5 weeks
- All classes are 55 minutes in length—please arrive 5 minutes before
- All classes are purchased with the intent of use or lose—A 24 hour notice of cancellation is a courtesy in order for us to notify clients on the wait list
- Classes are subject to change—call or see instructor for updates

Kendel Pink, Director of Pilates

kendel@speedcenters.com